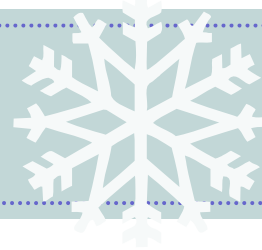


January 2010

Volume 1, Issue 1

# YWCA of Lincoln

Eliminating Racism, Empowering Women



## Exciting Changes at the YWCA Lincoln

Greetings! Welcome 2010 and to the first YWCA Lincoln Newsletter. This newsletter will keep you updated on YWCA Lincoln programs and events. We have undergone significant changes over the past two years involving our building, staffing, and programming. Most of these decisions were extremely difficult and challenging. The decisions were made to keep the YWCA Lincoln as financially strong as possible and maintain programming effectively serving the Lincoln community. Change is not new to the YWCA Lincoln. Since 1886 the YWCA Lincoln has continually evolved to meet the needs of an ever-changing Lincoln community and cultural landscape. The last year was no exception as we all faced a significant economic downturn in the national economy. We look forward to this year with optimism, determination, and a desire to collaborate with our supporters – volunteers, fellow agencies, stakeholders, funders and civic leaders. Our goals are to secure additional stable and consistent funding sources for the YWCA Lincoln and further develop our programs to reach all of those that would benefit from them.



Liz Ring Carlson  
President, Board of Directors

The YWCA Lincoln is excited to announce new leadership moving into 2010. Among the changes, Executive Director Julie Allen is leaving her role for new professional opportunities, but will continue to shape the future of the YWCA Lincoln by joining the Board of Directors. In her place, State Senator Amanda McGill will step into the role of Managing Director. McGill became a board member in 2007 and has shown a passion for the organization and its many programs and causes. We've been fortunate to have Julie Allen guide the agency through the many changes we've undergone over the last two years and we are thrilled she will still be working with us as a board member. In addition, Ginny Gross will continue to serve as the Director of Women's and Family Services and Emily Fullerton will remain the Director of En Point Dance Academy and Community Education. This, along with Amanda's previous involvement with the YWCA Lincoln, will make it a very smooth transition in leadership.



Senator McGill  
Managing Director

In addition, the 2010 officers have been selected with Liz Ring Carlson serving as President. The 2010 YWCA Lincoln Board also has many new members including:

- Liz Ring Carlson, State Farm Insurance – President
- Nichole Bogen, Wolfe, Snowden, Hurd, Luers & Ahl, LLP – Vice President
- Donna Gould, ConAgra Foods - Secretary
- Dianne Haberlan, Dana Cole and Company- Treasurer
- Julie Allen, Boys Hope Girls Hope National
- Margee Bartle, Community Volunteer
- Beatty Brasch, Center for People in Need
- Darcie Chartier, Embassy Suites
- Teresa McCarthy, State Farm Insurance
- Jenn Mikkelsen, Lincoln Public Schools
- VJ Nelson, Community Volunteer
- Lisa Olivares, Nebraska Democratic Party
- Andrea Snowden, Baylor, Evnen, Curtiss, Gritm, and Witt, L.L.P.
- Christa Yoakum, Change That Works Nebraska

We would love to hear from you! Email us at [mjacobsen@ywcaincoln.org](mailto:mjacobsen@ywcaincoln.org).

### Special points of interest:

- Martini Party
- Disney's "Give a Day, Get a Day"
- YWCA in the Community
- En Pointe Dance Academy
- S.O.S

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YWCA Lincoln

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## Job Outfitters continues the Boosalis Legacy



The YWCA Lincoln is partnering with the Helen Boosalis family to continue her legacy of empowering women.

The Boosalis family donated a number of her belongings to the YWCA Lincoln's Job Outfitters program, which provides clothing to woman needing professional outfits for job interviews and work.

Boosalis was the first female mayor of Lincoln in 1975 and the first woman in the U.S. elected mayor of a city of more than 100,000.

Last year, the program assisted more than 750 women. Please call 434-3494 ext. 125 to donate to Job Outfitters or to volunteer. Monetary donations are greatly appreciated.



Two wonderful and dedicated Job Outfitters volunteers accessorizing an outfit for a client.

### TAB

Take a Break offers a break to any parent or guardian of children 6 weeks through 12 years of age. The program facilitates opportunities for caregivers to recharge while their children are cared for in a safe, fun and nurturing environment. The program is held the first three Fridays of each month from 6:00-9:30 pm at the YWCA. For more information please call 434-3494 ext. 109.



### Leadership and Public Service Institute

Leadership and Public Service Institute participants spent the last two months working hard to develop their leadership skills. In December, they identified hunger as an issue that concerns them. The group began to research organizations in Lincoln and the world which fight hunger and starvation.

The girls are planning a community service project to combat hunger in honor of Dr. Martin Luther King's Birthday.

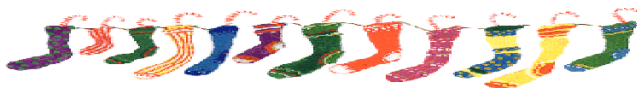


Congratulations to the following young ladies for being chosen to be members of the Leadership and Public Service Institute: Sydney Weddleton, Jessica Bohlken, Madeleine Heiser, Ally Edmiston, and Laurie Johnson.



## En Pointe Dance Academy at YWCA Lincoln

En Pointe Dance Academy at YWCA Lincoln performed "Fireside Stories" at their annual Holiday Showcase on December 12, 2009 at Scott Middle School. The Holiday Showcase was a success raising over \$1,200 for En Pointe's scholarship fund which provides assistance to families whose children wish to take dance classes. The scholarship fund also provides assistance to families making it possible for every child to have a costume for dance recitals. Over 265 people attended "Fireside Stories." 75 dancers participated in the event. Thank you to everyone that made this event possible! For more information or to donate to the scholarship fund please contact Emily at 434-3494 ext. 106.



### En Pointe Dance Academy at YWCA Lincoln highlights:

The DanzXplosion Performance Team performed for the Star City Holiday pre-parade downtown on December 5th. The performance team dances in and around Lincoln for community events. The team has performed for the Harlem Globe Trotters half-time show and the Cornhusker State Games.

Twenty five Advanced Dance Students were selected to attend the Paul Taylor Dance Company at the Lied Center in November.



## S.O.S (Skills, Opportunities, Success)

The YWCA Lincoln launched a new program called S.O.S. in November. S.O.S. is an after school club at Lefler Middle School. S.O.S members played active games to learn about team work, diversity and their own strengths. The club's favorite game was Elevate; they worked together to lift a 5 gallon bucket with only their feet.



### Make a Difference

The YWCA Lincoln has many opportunities available for those interested in making a difference in their community. A few ways to get involved are volunteering with our Job Outfitters program, assisting with our front desk or joining one of our committees such as: event planning committee, marketing committee, and fund development committee. The YWCA Lincoln is also part of Disney's campaign "Give a day, Get a Disney day." For more information or to get involved please contact Mary at 434-3494 ext. 139.



### SMART Girls Club

Throughout November and December, the SMART Girls Club created a half mile model of the solar system, investigated why seasons change, and learned about the phases of the moon. In addition, Jackie Hoerner, a dental hygienist and graduate forensic student, visited Everett's SMART Girls Club. Jackie has participated in over 200 autopsies. Jackie also answered many questions regarding wisdom teeth, braces, cavities, and dental care.

In January, the girls will explore the issue of climate change and conduct alternative energy experiments.



## YWCA in the Community



Sunrise Coffee in the Piedmont Shopping Center has graciously offered to show their support for the YWCA Lincoln by selling a specialty drink and donating ten percent of the proceeds to the YWCA Lincoln. The drink will change with the seasons. The first drink is a Raspberry Crème Royale Latte. Please visit Sunrise Coffee at 1265 South Cotner Boulevard to purchase your Raspberry Crème Royale Latte. "Thanks a latte" for showing your support for the YWCA!



## The YWCA Lincoln is Shakin' Things Up!

Join us for a Martini Tasting Party!



Don't miss the YWCA Lincoln's Martini Party on February 19th from 6-9pm at the Lied Center. Tickets are \$30 a piece. Guests will enjoy the beautiful view of winter campus from the orchestra lobby while sampling martinis shaken and poured by professional bartenders from local hotspots. Ticket price includes six martini tasters, dinner, music by a sound impression, and giveaways.

Featuring SKYY vodka prepared by bartenders from local hotspots including:

**Red9**  
**Zen's Lounge**  
**Doc's Place**  
**The Starlite Lounge**  
**Venue**

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To purchase tickets please visit [shakinthingsup2010.eventbrite.com](http://shakinthingsup2010.eventbrite.com) or call Mary at 434-3494 ext. 139.