

April 2010

Volume 1, Issue 4

YWCA of Lincoln

Eliminating Racism, Empowering Women



Faded Lux raises donations for Job Outfitters

The Faded Lux is a semi-annual consignment sale which took place April 15-17 and raised donations for the YWCA's Job Outfitters program. As shoppers checked out they were asked if they would like to add a monetary donation to their total to benefit the Job Outfitters program.

The event featured new and gently used designer clothing, shoes, and accessories for women consigned by local boutiques and area women. Faded Lux raised \$200 for Job Outfitters and donated numerous clothing items. Faded Lux has chosen to support the Job Outfitters program during every semi-annual sale.



One of the many outfits donated by Faded Lux.

"This donation will help us offer wonderful clothing to our Job Outfitters' clients. The financial donations will help further the mission of empowering women," said Liz Ring Carlson, president of the Lincoln YWCA board of directors.

Special points of interest:

- Summer Scholarships
- En Pointe
- Wonder Funder
- Book Club
- Valentino's Night
- Mental Health Forum
- "Weddings: Surviving the Chaos"

Book Club

Join our relaxed new YWCA Lincoln Book Club. Join us for whichever books interest you and when your schedule allows. We are kicking off the book club by reading *Mayor Helen Boosalis: My Mother's Life in Politics*. Read the 1st chapter and join us on **May 20th from noon-1pm** in the Third Floor Conference Room at the YWCA Lincoln for our first discussion. We'll work through it over the next few months. Our next book will be the *Female Brain*.

Upcoming Events:

- Mental Health Forum in honor of Mental Health Awareness month on **May 18 from noon-1 pm** at the YWCA Lincoln in the Third Floor Conference Room with Dr. Kim Corner. Learn how to keep your mind healthy at all stages of life.
- Please join us for the YW Afternoon-Club on **May 19th at Starlite Lounge from 5:30-7:30 pm** for a fun social gathering.
- Kick off for the Book Club is **May 20th from noon-1 pm** at the YWCA Lincoln in the Third Floor Conference Room.
- "Weddings: Surviving the Chaos" brown bag lunch on **May 24th from noon-1 pm** in the Third Floor Conference Room of the YWCA Lincoln. Sara Brown from Events Refined and Cali Hlavac from A Sound Impression will be discussing how to stay organized whether your wedding is a year away or a month away and how to reduce stress levels whether you are the friend, mother, or the bride.
- Valentino's dine-out to help out the YWCA Lincoln day at the 2655 South 70th St. #B location. A percentage of sales will be donated to the YWCA of Lincoln when you eat at Valentino's on **May 26th**. Carry-out orders are included. Please mention YWCA when you place your order.
- En Pointe Dance Academy's recital is **May 28th at Pershing Center**. Tickets go on sale May 3rd. For more information contact En Pointe at 434-3494 ext. 127 or email dance@ywcalincoln.org.
- **Save the Date:** MENtors & Allies is **June 24th at the Corridor (440 N 8th St) from 5-7 pm**. This event honors men in our community who live out the YW's mission as well as key volunteers. More details to come.

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YWCA Lincoln

P.O. Box 95123, Lincoln, NE 68509

402-434-3494

Visit our new website ywcalincoln.org

Follow us on [Facebook](#) and [Twitter](#)

Get Involved:

The YWCA has many opportunities for volunteers. We are looking for volunteers to join our marketing, fund development, event planning committees, as well as volunteers to assist with programs and painting.

If you are interested in volunteering please contact Mary at 434-3494 ext. 139 or e-mail [mjacobson@ywcalincoln.org](mailto:mjacobsen@ywcalincoln.org)



Larry Byrnes from Black Hills Energy presented a \$2,500 check to State Senator Amanda McGill. Thank you Black Hills Energy for becoming a founding member of the YWCA Lincoln's Wonder Funder program.

Women's and Family Services Invites Summer Scholarship Applications

Families and caregivers of children and youth with special needs and physical abilities are encouraged to apply for scholarship funds to support summer activities. Through a grant received from the SE Nebraska Respite Network Special Projects fund, the YWCA is able to provide financial assistance for recreational, educational and social programs.

To request applications or more information, contact Ginny Gross, YWCA Lincoln Director of Women's and Family Services at 434-3494 x104 or ggross@ywcalincoln.org.

Leadership & Public Service Institute

Leadership and Public Service Institute members attended a retreat at Catron Camp and Retreat Center. The girls flexed their creative muscles and worked on their risk-taking skills through two unique activities. The activities consisted of an egg drop where the girls dropped an egg, but did not want the egg to break and then they navigated through an "electrified" maze.

The Leadership and Public Service Institute is now accepting applications for the 2010-2011 school year. Applications can be downloaded at ywcalincoln.org. For more information please contact Andrea at acurtis@ywcalincoln.org or call 434-3494 ext.



Laurie Johnson drops her drinking straw and masking taped egg which lands unbroken. Congratulations Laurie!

"Take a Break"

TAB children attended a special hip-hop dance class taught by one of the YWCA's own En Pointe Dance Instructors. The children enjoyed learning the new hip-hop dance moves in the dance outfits they picked out.

Young Women's Advisory Board

The YWCA of Lincoln's Young Women's Advisory Board is selling Pincurl Girl bracelets as a fundraiser for the YWCA of Lincoln. The girls are selling the bracelets for \$13.90 which includes tax. A portion of the proceeds from the bracelets goes to the YWCA Lincoln. The bracelets promote self-confidence through the power of positive thinking. The girls are also looking to sell bracelets to businesses in Lincoln. One business that they have partnered with is Sunny's Boutique. Starting in May, the Post & Nickel will also be selling Pincurl Girl Bracelets. Show your support for the Young Women's Advisory Board and purchase a bracelet. To purchase bracelets please call 402-434-3494 ext. 139.

Applications for the 2010-2011 Young Women's Advisory Board are now being accepted. Applications can be downloaded at ywcalincoln.org. For more information please e-mail [mjacobson@ywcalincoln.org](mailto:mjacobsen@ywcalincoln.org) or call 402-434-3494 ext. 139.



En Pointe Dance Academy at YWCA Lincoln highlights:

- En Pointe dancers will celebrate National Dance Week **April 26-29** by learning a different style of dance in their classes. Styles will include Salsa, Ballroom, Bollywood, and a number of other styles of dance.
- En Pointe Performance Company attended their first competition on **April 17**. The team received emeralds in all categories. En Pointe Performance Company will compete in Des Moines, Iowa at the Rainbow Connections Dance Competition.
- On **May 28th** En Pointe Dance Academy will present "Dancing Out Loud" at Pershing tickets. Please call 434-3494 ext. 127 or email dance@ywcalincoln.org for tickets. Tickets will also be available at ywcalincoln.org. En Pointe Ballet Dancers will present "Adventures In Oz" during Act I as well as a number of other dance styles in Act II.





**“Navigating the Bidding & Contract Process”
With the Purchasing Department of the
City/County hosted by the
Mayor’s Commission on Women**

Date: May 5, 2010

Time: 9:30 am-10:30 am or 4:00 pm-5:00 pm

Morning: Health Department 32nd & O

Afternoon: Purchasing 8th & N

If your company has goods and/or services that might be used by the city/county, come hear Vince Mejer, Purchasing Agent, give a presentation on how to make a bid for a city/county contract. There is no cost to participate. To register please contact Kathie Uhrmacher at 488-8859 or kuhrmac@inebraska.com



Space for Lease

The first floor administration offices are available and ready to be leased. Please feel free to contact WRK, LLC at 477-6767 for more information or to schedule a showing.



YWCA in the Community



Sunrise Coffee in the Piedmont Shopping Center has graciously offered to show their support for the YWCA Lincoln by selling a specialty drink and donating ten percent of the proceeds to the YWCA Lincoln. The drink will change with the seasons. The current drink is a Raspberry Crème Royale Latte. Please visit Sunrise Coffee at 1265 South Cotner Boulevard to purchase your Raspberry Crème Royale Latte. “Thanks a latte” for showing your support for the YWCA!



Brown Baggers on 84th Street has graciously offered to donate 10% of sales to the YWCA Lincoln. In order for the YWCA to receive the donation please email or send a copy of your receipt to Attn: Mary P.O. Box 95123, Lincoln, NE 68509 or email [mjacobson@ywcalincoln.org](mailto:mjacobsen@ywcalincoln.org). Please visit Brown Baggers at 2901 South 84th Street to show your support for the YWCA Lincoln and to say “thank you” to Brown Baggers for their generous donation.



Wonder Funders program kicks off this month

The YWCA of Lincoln has officially kicked off a new program called Wonder Funders. We need your support to continue growing our programs and opportunities for women and girls. There are several levels of support suited to meet your personal abilities.

Y Well-Wishers—\$25

Y Winners—\$50

Y Wings—\$100

Y Warriors—\$250

Y Wowers—\$500

Join today to be a founding member of the Wonder Funders program. Your support is absolutely necessary for our success. You can visit our website at www.ywcalincoln.org/give to make your donation and join the Wonder Funders. A special thank you to Black Hills Energy for becoming a founding member at the \$2500 Corporate Level. For more information please contact Mary at 434-3494 ext. 139 or email [mjacobson@ywcalincoln.org](mailto:mjacobsen@ywcalincoln.org).