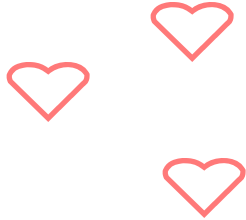




## The YWCA is Shakin' Things Up



The YWCA of Lincoln shook things up Friday, February 19 at the Lied Center. Thank you to everyone who attended and made the evening such a success. Almost 250 people attended the Martini Tasting Party raising nearly \$7,000 for the YWCA of Lincoln.

The attendees enjoyed delicious Martinis prepared by bartenders from five local hot spots. Each hot spot was competing for the title of best Martini in Lincoln. Doc's signature Martini for the evening was a Bloody Mary Martini, Red 9 prepared a Tamarini Lemonado, Starlite Lounge prepared a Hawaiian Cosmopolitan, The Venue prepared a Chocolate, Strawberry Martini, and Zen's prepared a Lemongrass Infused and Greentea Martini.

A special thank you to every one that made this event possible especially our event underwriters: Baylor, Evnen, Curtiss, Grit & Witt, LLP and Advantage Personnel, media sponsors: Lincoln Journal Star, Play Creative, and Strictly Business, and our event in-kind sponsors: SKYY Vodka, Toberlin Photography, a sound impression, and Sunrise Coffee. We would also like to give a special thanks to Braeda, the Lied Center for Performing Arts and Meier's Cork & Bottle. Thank you to the following businesses for donating the raffle and door prizes: Beacon Hills, Fireworks, Sweet Jane A Salon, Isles Pizza and Pub, Embassy Suites, Jana Losee, Alani Massage Therapy and Skin Care, Tanning Zone, Whitehead Oil, and Kelly's Place.

Congratulations to Starlite Lounge for winning the best Martini in Lincoln!

Thank you to our Event Planning Committee we would not be able to have successful events without you!



Starlite Lounge bartenders with YWCA Event Planning Committee Members Jill Mathis, Stephanie Warner, and Samantha Eckhardt.



Thank you to every one that attended.

### Special points of interest:

- Martini Party
- Pincurl girls
- En Pointe Dance Academy
- S.O.S



### Upcoming Events: Celebrating Women's History Month in March

The YWCA Lincoln will be holding a community meeting on **March 2** at the YWCA of Lincoln from **5:30-6:30 p.m.** This an informative meeting and open to the community.

The YWCA of Lincoln and the Mayor's Commission on Women will be hosting two brown-bag lunches during March. The first brown-bag lunch will be on **Tuesday, March 16 from 12:15 to 1:15 p.m.** featuring a panel of State Senators: Danielle Conrad, Brenda Council, Tanya Cook, and Amanda McGill. The State Senators will be speaking about advocacy and the Legislature.

The second brown bag lunch will be on **Tuesday, March 30 from noon to 1 p.m.** The brown-bag lunch will feature Dr. Sarah Cada, Ann Seacrest of MilkWorks, Nancy Peterson from Hearts and Hands WomenCare and others discussing a "Healthy Pregnancy: Before, During, and After."

All of the events will take place in the third floor conference room of the YWCA of Lincoln. Please feel free to contact us with any questions or concerns at 434-3494 or e-mail [desk@ywcalincoln.org](mailto:desk@ywcalincoln.org).

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YWCA Lincoln

P.O. Box 95123, Lincoln, NE 68509

402-434-3494

Visit our new website [ywcalincoln.org](http://ywcalincoln.org)

Follow us on Facebook and Twitter

## SMART Girls Club

McKenzie Berry and Dana from the Lower Platte South NRD visited SMART Girls Club at Elliott and McPhee Elementary Schools. The girls had crazy fun cracking rocks open with a hammer. They even thought the goggles they were required to wear were COOL! The girls at Prescott and Everett made plant and animal aquatic adaptation games to take home and play with their families.



### **S.O.S. (Skills, Opportunities, Success)**

On February 18, the S.O.S. Club at Lefler's Community Learning Center learned how to make nutritious snacks from Open Harvest's Outreach and Membership Director Jackie Barnhardt. Special thanks to Open Harvest for providing this program free of charge to our kids! The first S.O.S. Club meeting at Goodrich at Dawes, began with a salad bar. In March, the kids will learn about global issues affecting women.

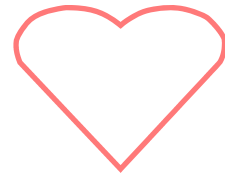


### **Leadership & Public Service Institute**

In February, the Leadership and Public Service Institute learned dining etiquette from Geri Cotter, Dean of Student Services at Nebraska Wesleyan University. They also made peanut butter and chocolate chip cookies for the Gathering Place.

### **Young Women's Advisory Board**

The YWCA of Lincoln's Young Women's Advisory Board is selling Pincurl Girl bracelets as a fundraiser for the YWCA of Lincoln. The girls are selling the bracelets for \$13.90 which includes tax. The a portion of the proceeds from the bracelets goes to the YWCA Lincoln. The bracelets promote self-confidence through the power of positive thinking. The girls are also looking to sell bracelets to businesses in Lincoln. One business that they have partnered with so far is Sunny's Boutique. Show your support for the Young Women's Advisory Board and purchase a bracelet. For more information please e-mail [mjacobsen@ywcalincoln.org](mailto:mjacobsen@ywcalincoln.org) or call 402-434-3494 ext. 139.



### **En Pointe Dance Academy at YWCA Lincoln highlights:**

- The first week in February was parent visitation week which also included wear your pajamas to dance! Parents enjoyed visiting classes and watching their children dance.
- You and Me Dance Class for ages 2-3 begins **March 4th**. Sign up today by calling 434-3494 ext. 127.
- En Pointe is preparing for the Spring Recital: "Dancing Out Loud" on **May 28th** at Pershing Center.
- Baton twirling classes start in April. To sign up call 434-3494 ext. 127.
- The Competition team is preparing for two competitions in April: the Spotlight Dance Cup in Omaha and the Rainbow Connections Competition in Iowa. Make sure to show your support for En Pointe!



### **TAB**

In January, the TAB (Take A Break) program provided respite for 32 families. While their caregivers took a much needed break, the children were engaged in fun activities at the YWCA. In February, TAB has already helped 3 new families register and utilize their services on the first Friday of the month.

On February 5th, the TAB participants read several versions of the Three Little Pigs and made pig and wolf masks and put on their own productions of The Three Little Pigs. On February 12th, the children decorated sugar cookies and made Valentine Cards to take home to their families or someone special in their lives. On February 19th, TAB participants explored Black History Month and celebrated the freedoms that we all have by making Freedom Hands. Thank you to everyone for their continued support of the TAB program. We are making such a huge difference in the lives of these families! For more information please call 434-3494 ext. 109.

## Ready to Run - Here I Come!

Designed for women who have decided to run for elected office—and their campaign committee members—are invited to the 2010 Ready to Run non-partisan, half-day workshop on **Saturday, March 27.**

The workshop takes place from 8 a.m. to noon at College of St. Mary's Hilmer Art Gallery. Registration is \$25 per person, or \$15 for students.

Presenters include Mary Johnson and Jennifer Mahlendorf with nuts & bolts info you need to know!

For more information e-mail Bonnie Coffee at [bonnie@bonniecoffee.com](mailto:bonnie@bonniecoffee.com)

## Make a Difference

The YWCA Lincoln has many opportunities available for those interested in making a difference in their community. A few ways to get involved are volunteering with our Job Outfitters program, assisting with our front desk or joining one of our committees such as: event planning committee, marketing committee, and fund development committee. The YWCA Lincoln is also part of Disney's campaign "Give a day, Get a Disney day." For more information or to get involved please contact Mary at 434-3494 ext. 139.



## Job Outfitters

Job Outfitters would like to give a special thanks to Talbots for donating new fixtures for the Job Outfitters boutique shop. Help us tell Talbots thank you.

## YWCA in the Community



Sunrise Coffee in the Piedmont Shopping Center has graciously offered to show their support for the YWCA Lincoln by selling a specialty drink and donating ten percent of the proceeds to the YWCA Lincoln. The drink will change with the seasons. The first drink is a Raspberry Crème Royale Latte. Please visit Sunrise Coffee at 1265 South Cotner Boulevard to purchase your Raspberry Crème Royale Latte. "Thanks a latte" for showing your support for the YWCA!



## Pincurl Girls Bracelet sales to benefit the YWCA Lincoln

Creator Jen Landis of Pincurl Girl bracelets has graciously partnered with the YWCA Lincoln for a unique fundraising opportunity. A portion of the proceeds from the Pincurl Girl bracelet sales go to the YWCA Lincoln.

Pincurl Girls bracelets are a unique way to boost self confidence in girls of all ages. The bracelets are a physical reminder that the power of positive thinking will boost ones self-esteem. In the morning girls are encouraged to put the 12 bracelets on one of their arms. Through out the day every time the girl has a positive thought or deed she shifts one bracelet to the opposite wrist. The goal is to move all of the bracelets to the opposite arm by the end of the day.

Thank you Jen for your generosity and willingness to work with the YWCA Lincoln.

For more information or to purchase Pincurl Girl bracelets e-mail [mjacobson@ywcalincoln.org](mailto:mjacobsen@ywcalincoln.org) or call 434-3494 ext. 139.

